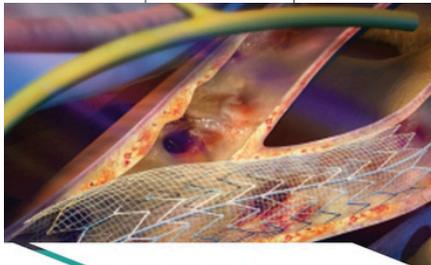


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Educational courses at the Poltava Regional M.V. Sklifosovsky Clinical Hospital



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Offline-workshop "Management of the post-stroke patient" | April, 6/ 2024

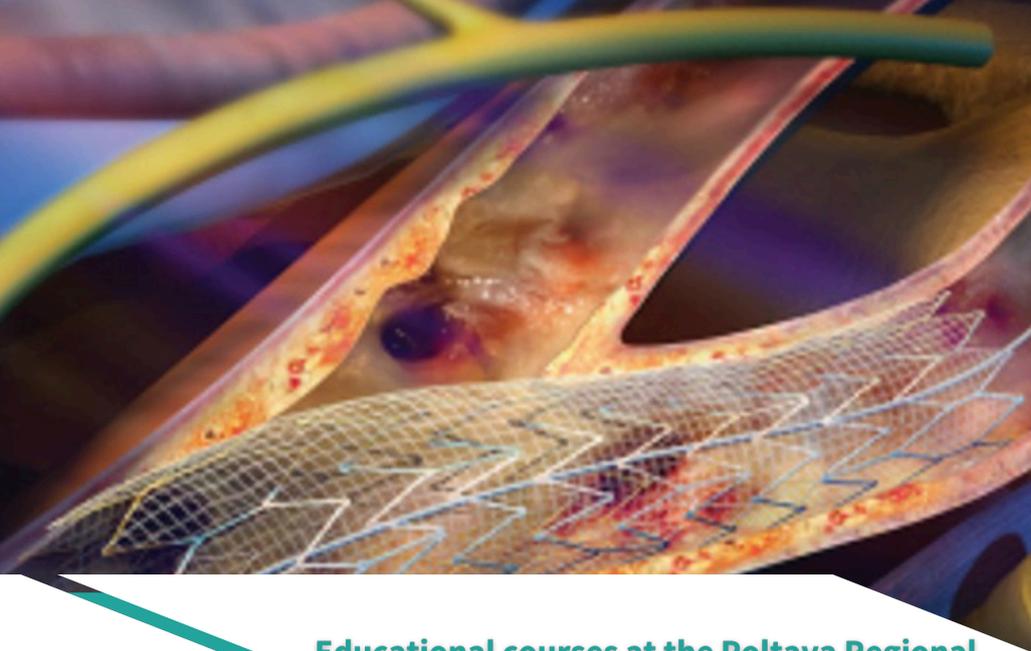


ESO's 2024 Focused Workshop in Ohrid, North Macedonia Rare causes of stroke | 12-15 April 2024



II Spring Young Stroke Physician School





## Educational courses at the Poltava Regional M.V. Sklifosovsky Clinical Hospital

April in the Society started actively: this year, for the first time, a simulation course on stenting in neurointervention was conducted. Seven participants attended the 5-day training, during which they mastered basic theoretical material and reinforced their knowledge in a practical workshop. Under the guidance of Andriy Nos and Mychaylo Tonchev, topics such as anatomy of cerebral vessels, neurovisualization features, methods of assessing blood flow and identifying stenoses, neurointerventional instrumentation and techniques, as well as approaches to choosing both treatment and preventive tactics were covered.



In addition to this course, in April, a thematic training course on mechanical thrombectomy was held at the Poltava Regional M.V. Sklifosovsky Clinical Hospital on a regular basis. The course program also consisted of theoretical and practical parts, during which participants had the opportunity not only to address issues outlined in the curriculum but also to share clinical cases, discuss challenging aspects, and exchange experiences with colleagues. Moreover, doctors were actively involved in the ongoing workflow and had the opportunity to participate in the diagnosis and treatment of patients.

We are grateful to the organizers and speakers of the educational courses for conducting the courses, and to the participants for their willingness to improve their skills. Despite the regular conduct of training, we continuously receive inquiries about the possibility of taking the course, and the number of applications from candidates increases.



## Offline-workshop

“Management of the post-stroke patient” | April, 6/ 2024

On April 6th, in collaboration with the educational medical platform Progress, we held an offline event where, together with colleagues from primary care and outpatient neurologists, we discussed stroke prevention and management of post-stroke patients. Since structures like secondary stroke prevention services are not widely available to us today, cooperation with colleagues, who mostly handle this work, is extremely important. This was the impetus for conducting such a workshop.

Dmytro Lebedynets presented a report on the state of stroke care in Ukraine today. The statistics convince us that this topic requires more attention from specialists across various branches of the medical service.

Mariana Shevchun outlined the algorithm of actions in case of stroke detection in primary care settings.

Oksana Kazmirchuk and Yulia Vlasiychuk highlighted aspects of primary and secondary stroke prevention from the perspective of a general practitioner's and stroke specialist's experience, allowing us to understand the differences in target indicators and peculiarities of prevention depending on whether the patient has a history of stroke and what risk factors they have.

Valentyn Bulchak presented specific aspects of managing patients with stroke sequelae. Participants of the event had the opportunity to learn more about the obstructive sleep apnea syndrome from Victoria Khlybova.

Dmytro Hrynykha highlighted aspects of screening for atherosclerotic vascular involvement of the head and neck, emphasizing the latest recommendations for managing patients with ICAD.

Olha Yasnii and Mykhaylo Podluzhnyi discussed aspects of managing patients with cardiac rhythm disorders from the perspectives of a stroke specialist and an arrhythmologist, respectively.

At the conclusion of the event, participants had the chance to apply the presented information during an interactive session involving the analysis of clinical cases and to familiarize themselves with the Health Diary developed for outpatient follow-up and self-monitoring of risk factors by post-stroke patients.

In the future, we plan thematic trainings dedicated to specific topics in stroke medicine for interdisciplinary integration and exchange of experience with colleagues because managing stroke patients always involves collaboration within a multidisciplinary team, continuous patient management by various specialists, and across different levels of medical care.



**ESO**  
EUROPEAN STROKE  
ORGANISATION

THE VOICE  
OF STROKE

## ESO's 2024 Focused Workshop in Ohrid, North Macedonia Rare causes of stroke | 12-15 April 2024



From April 12th to 15th, the ESO Focused Workshop dedicated to the theme of rare causes of stroke took place in Macedonia. Two members of the Society, Iryna Sheredko and Volodymyr Musiienko, had the opportunity to attend the event.

The workshop program included 6 scientific sessions, during which speakers from different countries presented reports on CADASIL, CARASIL, MELAS, fibromuscular dysplasia, Fabry's disease, the connection between blood diseases and etiological aspects of stroke, and so on. Iryna shared her impressions and conclusions after the event.

In her opinion, there have been certain achievements in providing assistance to stroke patients in Ukraine today. However, our efforts are still primarily focused on the acute phase of the disease, while research into etiological questions remains overlooked, especially when it comes to rare factors.

For instance, migraines remain a nosology for us, which is a risk factor for stroke in the context of a patient's medical history, while a significant portion of rare stroke causes includes this clinical condition among its manifestations.

One of the important aspects of participating in such events remains getting acquainted with and having the opportunity to exchange experiences with colleagues from different countries. Therefore, we are very pleased that our active members apply to participate and have the opportunity to join in.



## II Spring Young Stroke Physician School

**At the end of April, one of the most anticipated events in our Society took place - the 2nd Spring Young Stroke Physician School. With over 100 applications from candidates, 32 participants from 17 regions of Ukraine, 24 speakers, and a week of interaction with highly motivated colleagues, the flow of questions and discussions only paused because the day was truly ending.**

**The training program traditionally included aspects of stroke medicine ranging from basic questions of service organization and assistance, diagnostic and treatment approaches, and prevention to advanced topics.**

**The sections of the School provided an opportunity to systematically review our guidelines and compare them with the latest international recommendations, clarify nuances of route organization, differentiate between stroke units and centers, and address current issues in our service today.**

**Specific blocks were dedicated to aspects of neurovisualization and ultrasound diagnostics, neurointerventional procedures, and surgical treatment of strokes.**

**The practical part of the training was also diverse and rich: participants had the chance to test their skills with the Body Interact simulator, participate in simulation training, perform ultrasound examinations of neck vessels, work with flow models, and practice with a neurointervention simulator.**

**We would like to thank everyone who made this week of training an opportunity not only to gain new knowledge and experience but also to receive a powerful boost, inspiration, and new ideas. The openness of the speakers, the curiosity of the participants, the desire to move forward and develop stroke care in our country - all of this created a unique atmosphere throughout the week. So we eagerly await new meetings!  
Let's build up a stroke care together!**

